WHITE CAPS

'85

1985

CLASS OF 1985

The Florence Nightingale Pledge

I solemnly pledge myself before God and in the presence of this assembly;

To pass my life in purity and to practice my profession faithfully.

I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug.

I will do all in my power to maintain and elevate the standard of my profession and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to my knowledge in the practice of my calling.

With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.

Florence Nightingale
1820-1910

Designed ADLER *Created Washington*

NORTHAMPTON-ACCOMACK COUNTY SCHOOLS
NORTHAMPTON-ACCOMACK MEMORIAL HOSPITAL
SCHOOL OF PRACTICAL NURSING
NASSAWADOX, VA.

Dedication

We dedicate our yearbook to you,
We felt it was the thing to do.

There were some times when we felt
things weren't quite fair.

You sorted things out and seemed to
always be there.

You were unselfish in giving your
friendly word and smile,

And somehow you made the year
worthwhile.

As we all leave here and go
on our way,

There's one more thing we
want to say —

Thank You

From the Class of '85

To Mrs. Georgia Mae Guy, R.N.
Director

FACULTY

Mrs. Georgia M. Guy, R.N.
Director

Mrs. Margaret M. Holland, R.N.
Instructor

Miss Ellen Jean Peirson, R.N.
Instructor

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Secretary

Mrs. Eva L. Johnson
Housekeeper

Mrs. Edna Helms
Housemother

Mrs. Carolyn Gregory (Pinky)
Housemother

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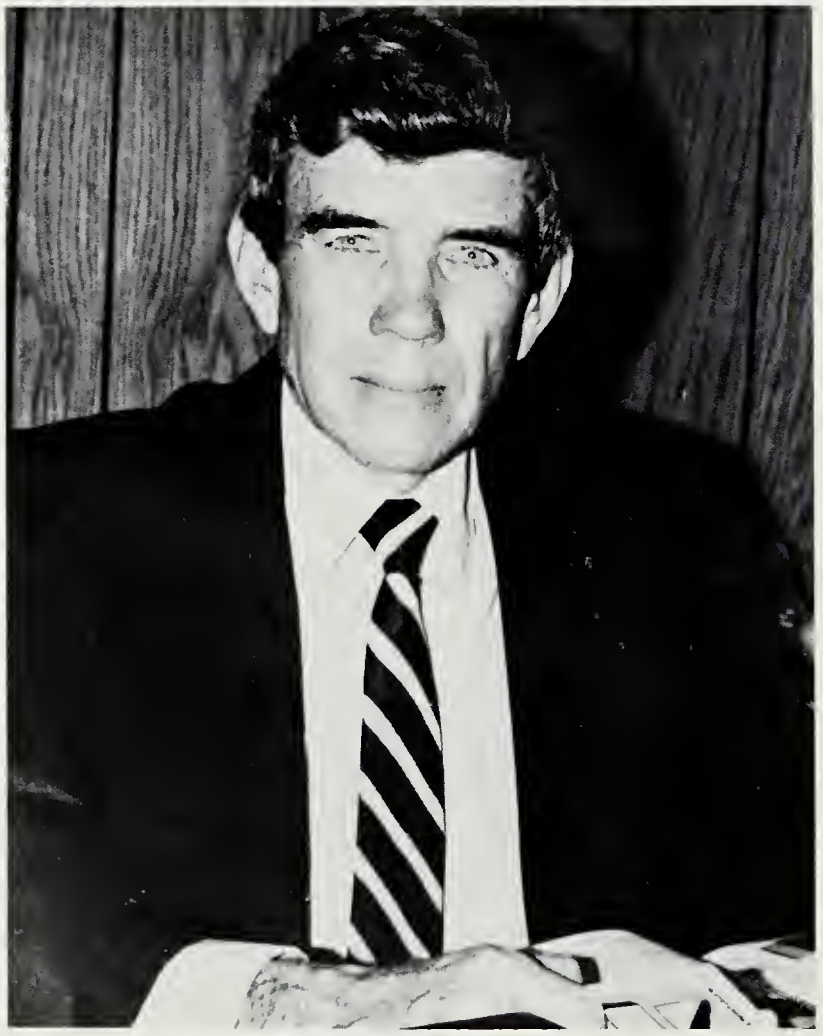
Administrator of N.A.M. Hospital



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Superintendent of Northampton
County Schools

Mr. Phillip Tankard
Superintendent of Accomack
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Director of Nursing

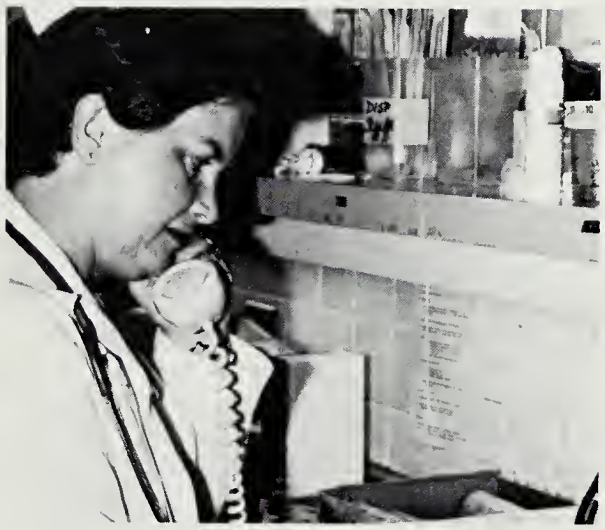
Mrs. Frances Turner, R.N.
Nursing Supervisor

Mrs. J. Renwick, R.N.
2nd Floor Head Nurse

Mrs. N. Bunce, R.N.
3rd Floor Head Nurse

Mrs. G. McIntyre, R.N.
4th Floor Head Nurse

Mrs. S. Ruffin, R.N.
Maternity Head Nurse



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Mrs. N. Smith, R.N.
Inhalation Therapy

Mrs. D. Hickman, R.N.
Recovery Room
Head Nurse

Mrs. M. Hastings, R.N.
O.R. Head Nurse

Mrs. M. Clements, R.N.
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X-Ray

Mr. T. Rayfield
Pharmacy

Mr. J. Johnson
Business Office

Mr. L. Gray
Graphic Arts

WE ARE THE WORLD

There comes a time when we heed a certain call
When the world must come together as one
There are people dying
And it's time to lend a hand to life
The greatest gift of all.

We can't go on pretending day by day
That someone, somewhere will soon make a change
We are all a part of God's great big family
And the truth, you know,
Love is all we need.

CHORUS:
We are the world, we are the children
We are the ones who make a brighter day
So let's start giving
There's a choice we're making
We're saving our own lives
It's true we'll make a better day
Just you and me.

Send them your heart so they'll know that someone cares
And their lives will be stronger and free
As God has shown us by turning stones to bread
So we all must lend a helping hand.

REPEAT CHORUS:

When you're down and out, there seems no hope at all
But if you just believe there's no way we can fall.
Let us realize that a change can only come,
When we stand together as one.

REPEAT CHORUS:

Donna M. Ashton
Bensalem, Pennsylvania
"Is it time for break yet?"

Jody Landon Chandler
Deep Creek, Virginia
"Ah huh, yea."

Verbenia "Beanie" Collins
Nassawadox, Virgina
"Ask me if I care."

Claiborne M. Dickinson
Cheriton, Virginia
"Boy, did I goof."

Jo-Ann E. Gillespie
Exmore, Virginia
"Do we have Vocations today?"

Valerie Jean Gordy
Tangier, Virginia
"What's todays Date?"

Margaret C. Hill
Pocomoke City, Maryland
"Hurry up Steph."

Jo Lynn Parks
Parksley, Virginia
"I don't mean no harm."

A. Teresa S. Coston
Belle Haven, Virginia
"Don't even try it."

Brenda Lee Spady
Cheriton, Virginia
"I wanna new drug!"

Pattie Spence
Exmore, Virginia
"This is wild!"

Stephanie Regina Webster
Pocomoke City, Maryland
"Has Jamie called yet?"

CLASS OFFICERS

Margaret Hill, President
Donna Ashton, Vice President
Brenda Spady, Historian
Stephanie Webster, Secretary
Jody Chandler, Treasurer

Class Meeting

YEARBOOK STAFF

Stephanie Webster, Typist
Verbenia Collins, Ads

Jo-Ann Gillespie, Business
Teresa Scofield, Editor

Do you Remember?

Remember how we gradually lost half of our class — one by one?

Convention — Remember our delicious meal at the Red Lobster and our strawberry daiquiris?

Remember when we gave each other shots and Jo-Ann goofed on Pattie's arm?

Remember watching those most exciting "Trainex Corporation Presents" films? HA! HA!

Remember trying to meet the deadline for our case studies, then panicking when we got them back knowing it would be a one on one confrontation with Mrs. Holland?

Remember how hard we worked for our bazaar with the quilts and our "crafts?"

Remember desperately seeking ads for this wonderful yearbook!?

Remember (for those who lived in) taking showers with the most unidentifiable creatures?

Remember these interesting words; "stee bings," "snickels," and "nutrents," and these sayings; "per say," "Do ya see what I'm sayin'?", and "Oh my word!"?

Remember having **THREE** hours of Med-Surg!!?

Remember when we had our sanity?

Remember — "one and two and three and four and five and . . . fifteen and breathe"?

Remember practicing our class song and never once being on key?

"Are you talking to me?"

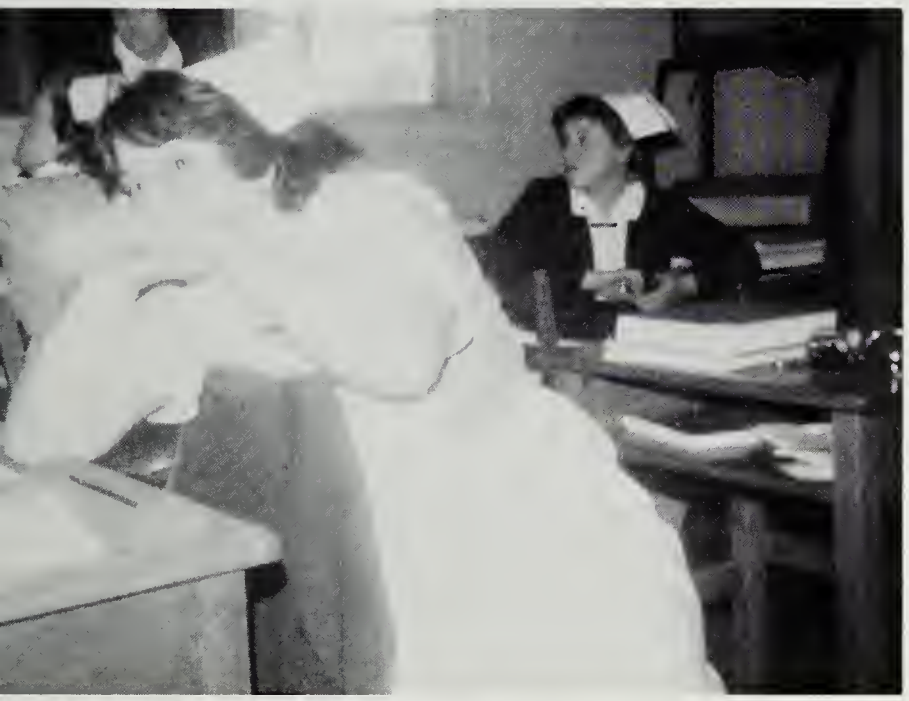
"We actually came here for this?"

It's definitely wrong.

Bakesale — what a waste!

Here's to clinicals.

"Is this for real?"



"And the answer is . . . "

"Not Again!"

She really likes me.

"I've got a brainstorm."

"I did it."

THE NIGHT BEFORE EXAM

'Twas the night before exam and all through the night,
Not a student was stirring, they were all filled with fright.

The uniforms were hung by the closet with care,
In hopes that Wednesday would soon be there.

The instructors were nestled all snug in their beds,
while visions of questions danced in their heads.

When down the hall there arose such a clatter
I sprang from my desk to see what was the matter.

When what to my wondering eyes should appear,
But all of the students with all looks of fear.

More rapid than eagles their questions they came,
And I answered their questions and gave them the same.

The systems, the nerves, the muscles, the bones,
all the glands, their functions and all the hormones.

To their rooms I told them they all must go to,
Now go away, go away, I have studying to do.

As the clock turned eleven, I went to bed,
With anatomy notes filling my head.

When just when I thought I had fallen to sleep,
I heard the alarm go beep, beep, beep!

Up from the bed I arose with haste,
'Cause I knew today, I had no time to waste.

I sat at my desk, to my classmates said, 'Hi,'
and patiently waited as the minutes ticked by.

Down the hall Mrs. Holland came with the test in her hand,
shut the door behind her and gave her demand.

As we take our exam may our minds be at rest,
We need to realize that we all do our best.

Pattie Spence, '84

Nurse Nightingale at your service.

"My fifth cup!"

Don't eat your fingers, Mrs. Holland, there's plenty of food.

That's a great joke, Mrs. Guy.

"Is this my good side?"

I wonder what's in my box.

TPI — Outpatient

"What did I think of the exam? — I didn't"

Miss America, Miss Universe, and Miss Nassawadox

Baby and the Cabbage Patch Kid

Will this mirror do?

Are you in the right hole?

All calorie-free!

Serious surgery?

Exams? — What a relief!

"I've lost the exam, Mrs. Guy!"

Buns up!

Say cheese.

"Clear Your Desk!"

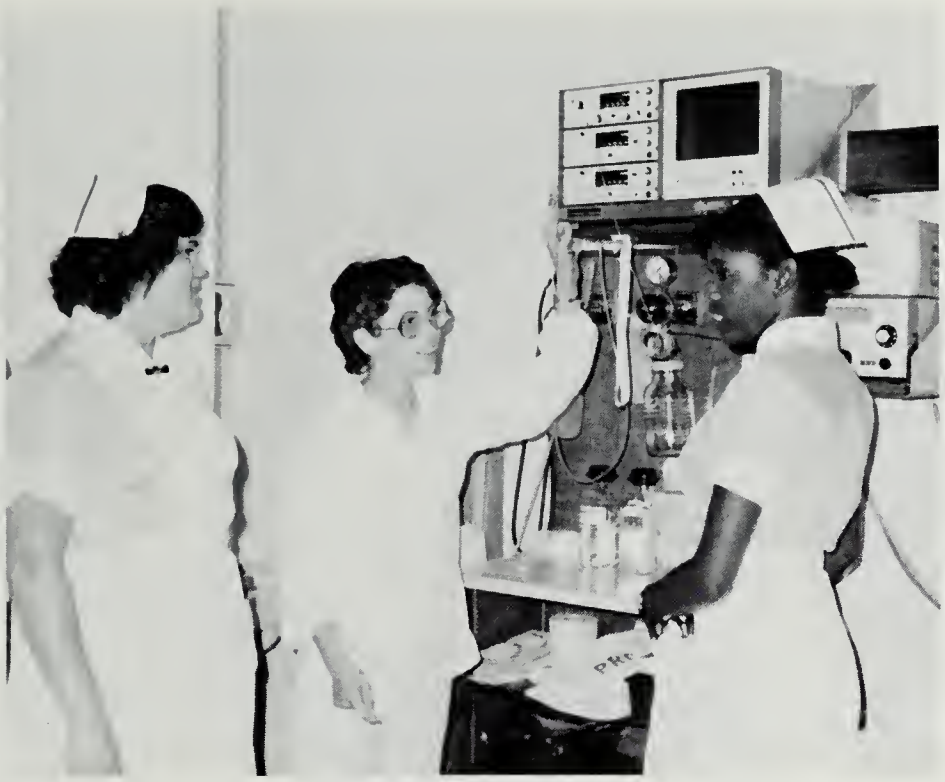
"Hurry and Take the Picture!"

"My Buddy, Mrs. Holland."

"Do we have to sing again?"

"What did you put for No. 10?"

"We are the What?"



"Now You Try!"

Getting oriented to R.R.

"I wonder if it is in this drawer."

"Off to the patient's room I go."

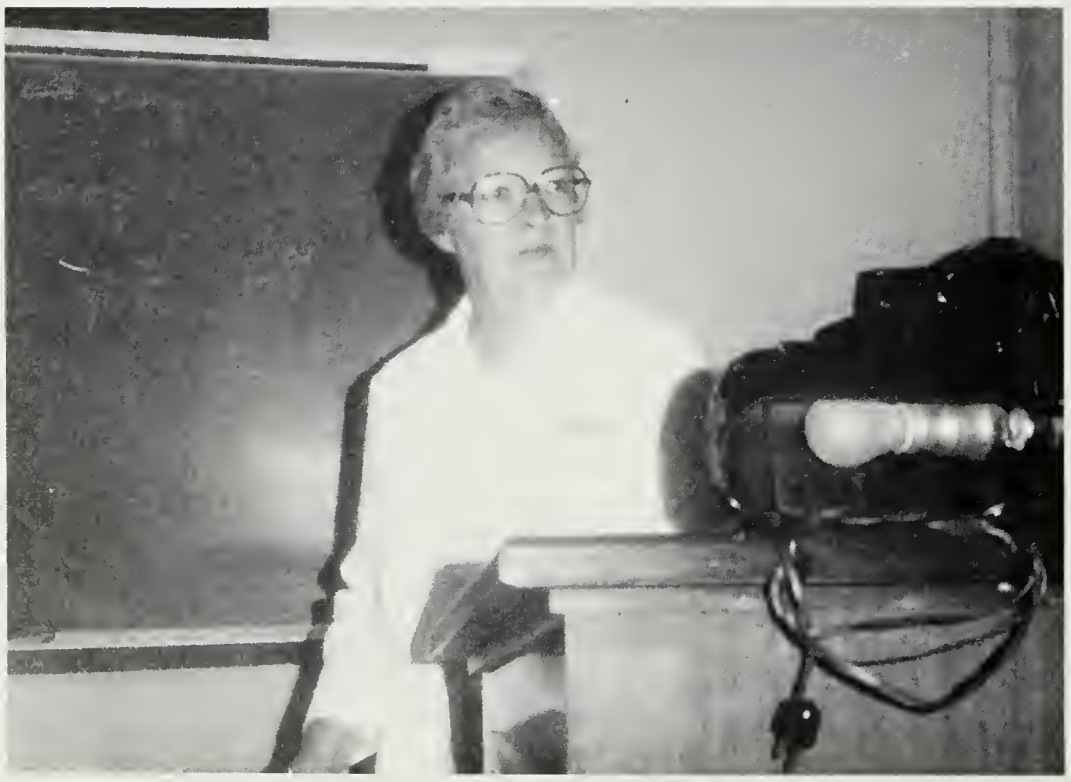
"Is this going to hurt?"

Mrs. Duer always kept us straight.

We finally got her to laugh.

Boy! This is fun!

Teresa . . . telephone!



What . . . ?

Well, well, well, well, . . .

Steph, can you really do this?

Is this the right position?

If you drop me . . . !

"I'm the Italian stallion!"

"I'm just so disgusted!"

After an exam!

CLASS HISTORY

September ('84)

Nineteen of us new students arrived at NAM School of Practical Nursing not knowing what was ahead of us.

October

We received our first progress report and our first day off which we all needed and very much deserved by this time.

November

November came, and we got our uniforms. It made us all feel official. We also had our bazaar which was successful. As a class we made a quilt, and it turned out nice. We hosted a Thanksgiving Dinner for the hospital staff.

December

The staff gave us a Christmas party, and we exchanged gifts and played games. We all had a lot of fun. We also had a much needed vacation.

January

Back again! We had our pre-clinical evaluation which was the start of the true test.

February

It was the beginning of reality. We were getting up earlier in the mornings to be at the hospital.

March

It's Spring! It is now time for case studies! "The hypo-critical event of the year was when we invited the seniors of the local high schools to come to open house" (Mrs. Ashton).

April

"Another month of trials and tribulations" (Mrs. Scofield). We are getting itchy feet now — graduation is in sight.

May

The convention was held on May 9 at the Chamberlain Hotel in Hampton, VA. "Boy, were we bored" (Mrs. Spence)! Then we ate at the Red Lobster, and that was not much better. The Nursing Home — What an experience!

June

We practiced our injections on each other — What a day! — but there were no tears. There was also a picnic at Smith's Beach given by the hospital.

July

IT IS COUNT DOWN TIME!!

August

Round up time. We all have been waiting for this month to arrive — the end of a long, long year. "Thank you Lord" (Miss Spady)!

Brenda Spady
Class Historian

GRADUATING CLASS OF 1985

L-R (Back) JoLynn Parks, Verbenia Collins, Margaret Hill, Brenda Spady, Jo-Ann Gillespie. L-R (Front) Stephanie Webster, Donna Ashton, Teresa Scofield, Pattie Spence, Jody Chandler, Claiborne Dickinson (Not Pictured).

You want my opinion?!

Party Time!

"You see what I'm say'n?"

Is she, or isn't she — only her hairdresser knows.

"I can't believe it!"

"I'm going crazy, wanta come along?"

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And HELEN

Congratulations, Mom

We love you,

Chris and Julie

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to the

CLASS of 1985

Mrs. Guy
Mrs. Holland
Miss Peirson
Mrs. Duer

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and LOTS OF LUCK

LOVE,
JAMIE

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Congratulations Mommie.

Love,

Melody and Roland

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We love you,

John and Jennifer

I'm proud of you Mommie.

Love,

Kelly Hill

You're the greatest,
We love you very much and
are very proud of you.

Love,

Robin and Martin

We knew you could do it.

Love,

Lance and Janie

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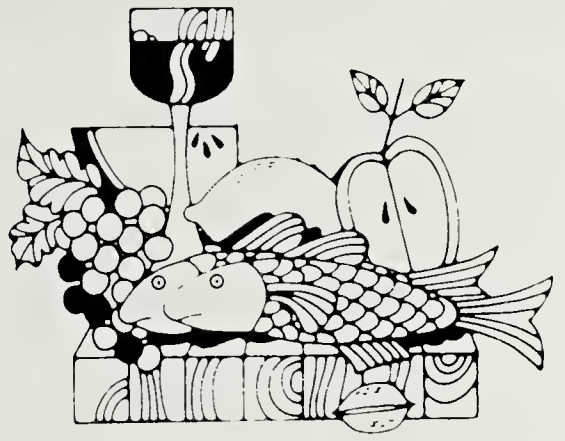

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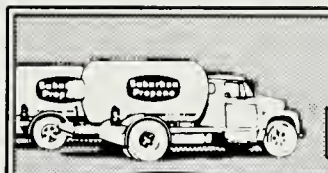

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